



PARENT HANDBOOK 2021/22

Earth UA Volleyball Club

11564 Trask Ave.

Garden Grove, CA. 92843

(562) 714-2054

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www.earthvolleyballclub.com

INTRODUCTION

My name is Suaesi (Sam) Samana, director and proud coach of Earth Volleyball Club. I've been coaching for 36 years at top southern California girls' clubs, including Ichiban, Laguna Beach, and American Flyers volleyball clubs. Welcome to our family! Let's stand tall, let's stand together and be proud.

MISSION STATEMENT

The mission of Earth Volleyball Club is to provide a quality and competitive volleyball program for young girls and boys to develop their volleyball skills, emphasizing the importance of academic achievement, sportsmanship, the importance of family, community, global care, and how to be a great humanitarian which will follow them through life, all while leaving them with a positive and growing experience.

BUSINESS PARTNERSHIPS:

UNDER ARMOUR Teams and Coaches Uniforms
Apparels, Shoes

CLUB BASICS

Alcohol and Drugs

Earth Volleyball Club has a **no tolerance** stance on the use of alcohol by minors and the possession or use of drugs. Federal and State laws prohibit their use. Any person found in violation of the law will be immediately dealt with and potential consequences may include suspension or termination without a refund. Parents, and guest are prohibited from attending tournaments/practices intoxicated and/or having or drinking alcohol courtside during tournaments or practice. Possible consequences may include being removed from the courtside and/or banned from future tournaments.

Correspondence

Please send all dues, required paperwork and other correspondence to:

Earth Volleyball Club
11564 Trask Ave.
Garden Grove, CA. 92843

If you need to contact a coach, use the contact number he/she provided on the roster or for an emergency only, contact Coach Sam at (562) 714-2054. Phone call and text is the most effective way to communicate with coaches. Please be sure your coach has your most updated email address and cell number, and you should get a response as soon as possible. My preference is voice communication, but if it's just group notice or I am late, text is fine.

MASK AND TEMPERATURE CHECK

Our 2021/22 club season, this will base on the protocol for the county and state. We as a club must follow all guidelines and protocols from our state, local authorities, USA Volleyball, SCVA, and also private, local parks, schools, and maybe churches training facilities. As we all know it, there is always the possibility things can be shut down again. Temperature check will not be used this season unless is recommended by the medical field. Mask, if

the local authorities drop the mandatory use of masks indoors, then as a club, we won't require the players to wear them, but if you chose, you can still wear them. Also, parents please use your best judgement if your child is not feeling good. Keep them home if they are coughing, fever, or stomach issues. If they are just not feeling good, maybe just wear a mask, especially during the flu season.

PLAYER GUIDELINES

The Earth VBC program is very committed to the young athletes and the Club's goal is to train them to become complete volleyball players and positive, respectful young men and women. Things to keep in mind while participating in any sporting activity are:

- **Numbers of players on the roster** – Max is 13, minimum is 8. Creating a training and competing atmosphere at practice, having enough players for a 6 on 6 on the court is important for game like skills. Playing times for tournaments will be based on progress, development, attendance, and work ethics. And it will be up to the coach's discretion.
- **Work/play hard** – Do your very best at all practices/tournaments to help the team succeed.
- **Have fun** – It's a fun game to play, to coach, and to watch.
- **Respect** – Your parents, coaches, teammates, other players, spectators and the facilities all deserve respect.
- **Represent yourself and the Club** – Always be a quality person/competitor.
- **Be coachable and a team player** – Always listen and follow directions from all coaches and team representatives (team mom/dad).
- **Attendance and punctuality** – Players are expected to be at all training sessions and tournaments and should arrive at all events at the designated time. Know when and where your team is meeting and plan to arrive 15 minutes early.
- **Follow all gym rules** – At all practices and tournament sites, know the rules and follow them. We have to take care of all gyms. Tournament penalties for gym misuse/abuse are stiff.
- **Playing time** – All players earn their playing time and falls under the discretion of the coach.
- **Team wear, equipment, etc.** – Be sure to bring all your team equipment to every practice and tournament. Anything not being worn should be in your team bag (practices and tournaments). All team bags, etc. must be neatly arranged at the gym (practice and tournaments). Take care of all Club equipment (shag balls, care for the carts, training kits, etc.). Keeping track of the balls is your job.
- **Academic Expectations** – All players must maintain a 2.5 and above GPA and no lower than a 2.0 GPA.
- **Social Media** – Review Safe sport guidelines

PRACTICE SESSIONS

All teams will practice a minimum of two times per week and a minimum of two hours per session. (Beach volleyball practice on the sand will be indicated on the practice schedule.) Practices are mandatory and missed practices will affect your playing time at tournaments. If you are going to miss a practice session, you need to let your coach know at least one practice session in advance.

Practice Locations – EARTH FACILITY, 11564 Trask Ave. Garden Grove, CA. 92843

GG Park and Recreation

TRANSPORTATION

Transportation will not be provided to and from practices or to tournaments due to insurance constraints. That responsibility lies with the parents or guardian and players to get to practice and to the local tournaments. We do provide a team roster for carpooling.

TRAINING PHILOSOPHY

Fundamentals

- We will teach every player **exactly** how to perform each skill, both in general and in game situations.
- Players are expected to execute the skills **precisely** as taught, with no variance. We play only one way!
- Focus on movement and agility
- Skills – Serving, ball control (passing (SR), defense), overhand and setting skills, hitting (bow and arrow technique, three-step approach, shots, jumbo shrimp shots, etc.) and blocking

Team Play

- Players are taught all positions and their specific jobs in the early stages (14s).
- As positions are established, the specific roles are trained (16's and 18's).
- Positions and roles are taught both in isolation as well as from a tactical sense. "Here's how to do it and here's why it's done this way."

Competitiveness

- Players are taught how to compete, what it takes to be ready to play and how to focus.
- We teach! Always play to win, but success is measured by how closely we performed to our potential.

Team Community Service

- Beach cleanups, military and homeless donations, food drives, etc.

ADVICE FOR PARENTS

Exhibiting "Class" is Vital in Athletics

We all recognize the element of "class" in athletics when we see it. Obviously, we can also easily detect the opposite... behavior that lacks "class." However, even though "class" is easily observed, it is somewhat difficult to define.

The following may be a step in the right direction:

- Regardless of personal feelings, never publicly criticize an opponent.
- If you lose a game, give credit to your opponent. At least admit that on this given day or occasion, the opponent may have played better. Perhaps the coach simply did a better job.
- Do not blame the loss on injuries or officials. Over the long haul, these variables always seem to even out among opponents.
- Always participate in the traditional post-game handshake. This simple act sets the necessary tone for players and fans.

Outside travel tournaments will require separate fees. We will have 6 local SCVA tournaments, which is cover under your club fees, but the outside one includes the Las Vegas, Florida, SoCal, Spokane Washington, and other possibilities. If you can't afford the additional fees, there is a possibility of team and club fundraisers. Please do what you can and be honest with Sam. Sam would like all players to travel no matter the playing time status.

OUTSIDE TOURNAMENT AND DATES:

GIRLS TOURNAMENTS:

**LAS VEGAS CLASSIS, FEB. 19-21, 15S-18S
18S NATIONAL QUAL. MARCH 18-20
RED ROCK RAVE1, APRIL 2-4, 15S-17S
RED ROCK RAVE2, APRIL 8-10, 11S-14S
AAU JAM ON IT VEGAS, APRIL
ALOHA SUMMER CLASSIC**

BOYS TOUR.

**JR. BOYS INVIT. VEGAS FEB. 12-14, 12S-18S
SOCAL CHAMPIONSHIP, LOCAL, JUNE**

I am looking forward to our second season in our own practice facility. Volleyball is expensive. Volleyball is tall. Volleyball is fast. Having our own private facility and trying to keep cost down sometimes does not work very well. But, if I believe I can make a difference, then you can believe it too. We can get better at being faster, or growing taller, but it sure doesn't have to be expensive. Parents, thank you for all you do for your child and for EARTH VOLLEYBALL.